

THE RECORD.

An Independent Newspaper.

RECORD PRESS,

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O. L. ROARK, Editor.

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THURSDAY, NOVEMBER 16, 1911.
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THE FAMILY

OR
Colonel James Life.

We notice the death of Joseph Life occurring October 25. He was a son of Col. James and Lucy Nance Life, natives of North Carolina. Col. James Life was a soldier of the war of 1812; he was at the battle of New Orleans and also took part in the Mexican war. He emigrated from North Carolina to Tennessee where he lived several years. To Col. James and Lucy Nance Life were born and reared six sons, Thomas, Mark, Benjamin, Jasper, Robert and Joseph, three daughters Sally, Mary and Clara. In 1849 Col. James Life, with his entire family, came to Kentucky and settled in Muhlenberg county on the waters of Pond river and in the neighborhood of Geo. O. Frawse, Jacob Embler, John Swan Atkins, Richard Thompson and John Owen. Thomas Life, the oldest son of Col. Life, married Margaret Short a native of Tennessee. Benjamin and Jasper Life married daughters of John Owens of Muhlenberg county. Robert Life married a daughter of Alexander Keith of Christian county. Mark Life never married. Joseph Life married a daughter of Farley Knight of Christian county. The three daughters remained single.

The family of Col. James Life are now all dead but two daughters Sally and Mary; they have reached their four score years. Col. James Life was a man of some prominence; he died in 1853, his son, Benjamin died in 1852, Thomas died in 1860, Jasper died in 1874, Robert died in 1883, Mark died in 1889, Joseph died Oct. 25th., 1911.

We knew this family when they were in active life; they were all honest and respectable people and good citizens; there are a few grandchildren of Col. Life now living in the county; it seems that the Life family is fading away and those old pioneer families, with whom they were once associated, some have become extinct, others have died and scattered until but few of their representatives now survive in the county. Joseph Life, the youngest son of Col. James Life, was an honest, generous and accommodating man; he lived about 8 miles west of Greenville in the Pond river section. We knew him for over fifty years and always found him the same quiet law abiding man. We have long respected him for an act of kindness that we shall never forget, one which we believe saved the life of my father during the Civil war in 1864. One day in the fall of the year a man by the name of Vincent who lived in the lower part of the county and who belonged to the 35 Ky. Infantry was on his way to Hopkinsville; he came through Greenville and there loaded up with whisky and came out by the residence of my father in the evening in company with Joseph Life and Edward O. Pace. Vincent was crazed and wild with intoxication and as they approached the residence of my father, he was out in the road driving the cattle into the lot and was hurrying the cattle up. Vincent was in the advance of Life and Pace and when he saw my father he started up and calling out to him demanded with a volley of oaths "By what authority have you called me to halt?" My father told him that he had not called him to halt. Vincent then cursed my father and told him that

he had lied. Life and Pace seeing the condition hurried up. Vincent now being close to my father said to him with an oath, "I will stop you from halting soldiers," and as he said that he drew his pistol and cocked it and just as Vincent started to bring his pistol around to shoot my father, who stood defenseless on Vincent's left, Life came up close by Vincent's right and seized Vincent's pistol with his hand between the hammer and the cap and with a firm grip he wrenched the pistol from Vincent. Vincent's attention was then turned to Life, demanding his pistol, but Life refused to give it up. Pace then came up on Vincent's left and he and Life moved Vincent on. Had it not been for the promptness and nerve of Life that incident would have been tragical and sad. My brother, who was in the lot nearby, saw the affair and hurried to the house to get a gun to shoot Vincent and as he came out with his gun Life and Pace were forcing Vincent on, and as no harm was done my brother took no action. Life kept Vincent's pistol until they parted on the road. Life afterwards told me if he had been a moment later that my father would have been killed.

RONDO.

More and more the benefits of our excellent fire department are appreciated. Losses have been held to a minimum since we have had water, while without it the town would have been wiped out largely in some of the blazes that have started.

Basket ball at Y. M. C. A. tomorrow night, Beaver Dam team playing our boys.

Tight Fitting Collars.

In all first-aid instruction, the first thing one is told to do in cases of fainting or convulsions is to loosen the clothing; but it seems not to have occurred to any one to suggest that some of these cases might have been prevented had the clothing been tight. Reference is not here made to the corset particularly, for tight lacing has been so often denounced that its evils are well known. The present criticism is directed against tight neckwear.

In this regard men are as often at fault as women—in summer, indeed, more often. Actual compression of the windpipe is not the only way in which death by strangulation may be caused. The immediate cause may be congestion of the brain and perhaps apoplexy, the result of cutting off the return circulation of the blood in the veins of the neck. But a man need not die in order to experience the evil effect of tight collars; the bad effects come much sooner and much more readily than death. Many persons suffer from more or less frequent headaches, disturbances of vision, attacks of dizziness, and other disagreeable ailments due entirely to the constriction of the neck by collars that are too small or stocks that bind.

The veins of the neck are near the surface, and it takes little force to compress them enough to interfere with the current of blood. In men, the trouble occurs more often in those with short necks, for it is the pressure of the lower edge of the collar that interferes most with the blood stream. Obviously, therefore, the man with the "giraffe" neck will suffer least. However, any tightness is bad. Not infrequently the tight neck-band of the pajamas or the nightshirt may do almost as much harm as the stiff collar. Some cases of persistent insomnia have been due to congestion of the brain from this cause, and have been promptly relieved by leaving the top button of the night-dress unfastened.

The high, close-fitting stocks of women often cause severe headache, vertigo and nausea, for which the wearers blame the climate, their diet, or anything except their foolishness in choking themselves.

Sometimes persons with all the symptoms commonly caused by eye-strain, who have no relief from glasses, or have been told by the oculist that they do not need glasses, get well with no treatment at all. They have not noticed that the welcome relief followed a change of dress in which the usual tight band that constricted the neck was replaced by one that was loose.

The Armstrong Farm for Sale.

The Billie Armstrong farm of 600 acres, near Earles, for sale as a whole or to suit, on very easy terms. Apply to Bassett Bros., Madisonville, Ky.

Ventilation of School Rooms.

In an address delivered not long ago, the health commissioner of Chicago, speaking on the subject of ventilation in schools, said that although good ventilation is important for every one at every age, it is never so necessary as during the school years.

All through these years the body is growing and maturing rapidly, and physical habits are being established. Since whatever material is formed in this time will have to do duty through the years of adult life, it is a bad time to make material that is below the standard.

The human body may be compared to a garment. It will stand a great deal of rough wear and tear if it is made of good material; but if it is made of shoddy, it will grow shabby and wear out quickly, no matter how well it is cared for. That is why the care of children in their early years is so important—it is the time to make material that will stand the wear and tear of later life. Children who in the school years are subjected to avoidable strain do not always show the effect immediately; but years afterward, when they display small power of recuperation, little resistance to disease, and great susceptibility to fatigue, they are paying for the injustice to which they were subjected in the past.

It has been scientifically proved that children do not do well in badly ventilated schoolrooms. They are likely to be pale, nervous, and subject to headache; they catch cold easily, and take little interest in their studies. After the windows have been opened, and the temperature has been lowered, and the air made fresh and moist, the same children, in the same room, with the same teacher will be different creatures; not only healthier and freer from colds and headaches, but more alert, interested, and ready for their lessons.

The reports from the schools where this particular experiment has been made and the results carefully noted, declare that the change in the mental capacity and power of the children to apply themselves was more marked than the physical change for the better, although that, too, was great.

The health commissioner divides the harm done by poor ventilation into two kinds—the quick acting or air-borne infections, and the slow acting or air-caused conditions. Among the former he places influenza, colds, cerebrospinal meningitis, and various infections, such as scarlet fever, diphtheria and measles. Among the latter he places drowsiness, mental slowness, headache, lassitude, muscular flabbiness, anemia, chorea and irritability.

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Fruit Sangers, " 60c. " 40c.
Regular 10c. Potato Masher, 5c.
Regular 10c. China Mug, 5c.
6 qt. Granite Kettle, with lid, 25c.

We are compelled to make room for our Xmas goods, and if prices will do this we should have lots of room in a few days.

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